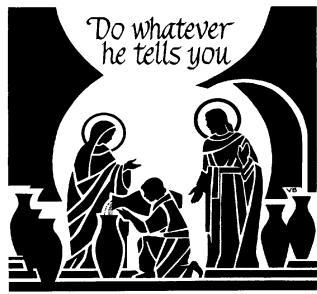


# 2<sup>nd</sup> SUNDAY IN ORDINARY TIME

# JANUARY 17, 2010



**2<sup>nd</sup> Sunday in Ordinary time, January 17, 2010 by Father Greg Friedman, O.F.M**  
 In most cultures, a wedding is a big deal—and sometimes a source of anxiety. Like other priests, I've participated in wedding planning and have listened to brides and grooms—and their anxious parents—worry about making sure the celebration at church and the reception afterward express the joy and importance of the occasion. And I suspect many of them will no doubt identify with today's Gospel story, the wedding feast of Cana. We all know the story about how the wine was running out, and how Jesus' mother took the problem to him. The miracle of the water become wine—and good wine at that—is a charming story, to be sure. But there's a deeper dimension. The Gospel according to John is a story of revelation: In its opening words the Gospel tells us about the Word made Flesh. God has come among us in the person of Jesus Christ. The stories and sayings of Jesus which follow are written to allow us to encounter Jesus as the One come from God. Jesus is revealing his glory to those who would accept him. And it's appropriate that the beginning of Jesus' signs, as John describes this event at Cana, happens in the very human setting of a wedding, a celebration of human life, joy, and the goodness of God's creation. To find God present, we need only to look for the signs of divinity which are present all around us.

### SCHEDULE of MASSES

Monday, Jan. 18 <sup>th</sup>	Prescott	8:00 A.M.	Special Intention ++++++++ Wayne & Lois Boisvenue
Tuesday, Jan. 19 <sup>th</sup>	Prescott	8:00 A.M.	Special Intention ++++++++ Anne Melissen
Wednesday, Jan. 20 <sup>th</sup>	Prescott	4:00 - 7:00 P. M.	ADORATION
	Prescott	7:00 P.M.	Respect for Human Life ++++++++ CWL
Thursday, Jan. 21 <sup>st</sup>	Prescott	8:00 A.M.	Saveria Florio ++++++++ Concetta Maggio
Friday, Jan. 22 <sup>nd</sup>	Cardinal	9:00 A.M.	Stephen Bush (16 <sup>th</sup> Anniv.) ++++++++ Sheila Bush
Saturday, Jan. 23 <sup>rd</sup>	Prescott	5:15 P.M.	Charles & Etta Bradley ++++++++ Jack & Sue Bradley
Sunday, Jan. 24 <sup>th</sup>	Cardinal	9:00 A.M.	Dec'd Mbrs of Coghlan-Glynn Fam. + Tom & Carmel Glynn
	Prescott	11:00 A.M.	Intentions of all St. Mark & Sacred Heart Parishioners

Sunday Offertory : JANUARY 10 - 10 St. Mark - \$1856.55 Sacred Heart - \$ 455.00



Thank you for your Generosity  
 PARISH MINISTRIES' SCHEDULE FOR MASSES ON JANUARY 23<sup>rd</sup> & 24<sup>th</sup>, 2010 - (4<sup>th</sup> Sunday)

MASS	USHERS	READERS	EUCCHARISTIC	GIFT BEARERS
Sat. 5:15 - Jan. 23 St. Mark	Norm Fortier, Pat Warren, Anelie Norton	Maria Iligan	Bev Currier Sharon Schoemaker	Bev & Bernie Currier
Sun. 9:00 -Jan. 24 Cardinal	"To be determined"	Joan Toupin	Christina Edge Joan Toupin (C)	"To be determined"
Sun. 11:00- Jan. 24 St. Mark	Tom Campbell, Paul Girard Need Volunteers	Pat Gillis	Micheline Cook, Rosita MacDonald, Tony Jozefowicz (C)	Currier-Goodberry Family
CHILDREN'S LITURGY - THIRD SUNDAY IN ORDINARY TIME			SUNDAY JANUARY 24 <sup>th</sup> - MARGO RAYNER	

**ENVELOPE USERS** - Since envelope numbers may change from year to year, you are kindly asked not to use envelopes from previous years. If old envelopes are used, there is a risk that your donation will be credited to the wrong account if it goes unnoticed. Also, please check the information on the label and report any required changes to **Brent Laton, Financial Administrator** at 613-925-3313. Necessary changes will be reflected on your 2009 income tax receipts.

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**USHERS NEEDED:** St. Mark is in need of Volunteers for ushering especially on **Sunday** at **11:00 AM**. Please spare 5 minutes of your time in service to the Lord by calling **925-4060**

**WEEK OF PRAYER FOR CHRISTIAN UNITY** Cardinal, Ontario. January 18<sup>th</sup> – 22<sup>nd</sup> 2010. "You are witnesses of these things..." Luke 24:48 -

Each day beginning at noon worship followed by a light lunch at **St. John's United Church, Cardinal**. All are invited and encouraged to join together with our sister churches in **Cardinal** to celebrate the unity we have in **Jesus Christ**.

\*\*\* **Sacred Heart's day will be Tuesday, January 19<sup>th</sup>**.

A warm invitation is extended to all from the churches of **Cardinal**. Please join us for a time of worship and fellowship in **Jesus' name** - the **Cardinal Ministerial Association** - A free will offering is usually made by the participants.



**K. Of C. - 4<sup>th</sup> Degree Assembly** will hold its regular monthly meeting on **Monday, January 18<sup>th</sup> at 6:30 PM** in **St. Mark Parish Centre (Upstairs)**. **Since this is a Dinner meeting, please note the change in time . All Sir**

**Knights are invited to attend this special meeting.**

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**CWL CORNER:**



**CWL** will hold its regular monthly meeting on **Wednesday, January 20<sup>th</sup>** , in St. Mark Club, after the **Celebration of the Eucharist at 7:00 PM**. **All members are encouraged to attend.**

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**CWL MEMBERSHIP DRIVE.** Calling all women 16 yrs & older to purchase their 2010 membership for \$16.00. Memberships will be collected at next weekend Masses Jan.23/24. For more information please call **Betty Warren 613-925-4124**

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**WELLINGTON HOUSE – A Special Celebration of the Eucharist** will be celebrated at **Wellington House**, this **Wednesday, January 19<sup>th</sup> at 10:30 a.m.** **Family and friends are welcome.**

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**YOUTH MINISTRY:** Just a reminder that we will be holding our monthly Youth Meeting this Sunday evening (Jan 17<sup>th</sup>) at **Tony and Diane's place (101 Sophia St. Prescott, 925-5133)**. Dinner starts at 6:00 PM and meeting will finish by 8:00 PM. Just bring yourself - everything else will be provided. We will continue with our series **"Theology of the Body for Teens" (Discovering God's Plan for Love and Life)**. In this 12 part curriculum you will discover the beauty and purpose of your sexuality, and why it is such a major part of our ability to love. You'll learn that the Church actually teaches and believes that human sexuality is really important, and good, and beautiful. It is actually meant, in a sense, to point us to heaven. In the Theology of the Body, you'll also learn four things that Jesus' love on the cross and sexual love in God's plan actually have in common. You'll also learn about heaven, how to get there, and how to experience a taste of it here on earth. You'll learn all this and much, much more! Don't miss this series of talks and discussions. Bring a friend. Parents of youth attending this curriculum are welcome to borrow the **"Parent's Guide for the Theology of the Body for Teens"**.

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**Pastor's Message** **January 17, 2010**

Being away for a few days this week, I am starting well ahead of time. Having celebrated **Christmas, Epiphany and the Baptism of our Lord**, we might think Christmas is all come and gone. Yes, but no! In the Scriptures and also in the Liturgy everything seems to go in Forties, forty days, forty years. Just as Lent and the Easter Season till the Ascension count forty days, so also the Christmas cycle. Even with a little imagination Advent is forty days, four weeks; and after Christmas we are now in the other forty days. The last day of this Season is February 2. when we celebrate the **Presentation of Our Lord in the Temple**

and when he appears (again another epiphany) before the High-priest and the people in the Temple.

In fact there are so many things and events we can concentrate on, and several that we have as it were forgotten. in these forty days. I mean the event after the departure of the Magi from Bethlehem when the little child, Our Lord was in mortal danger from the cunning of King Herod. And Joseph being a wonderful man and father taking responsibility does not hesitate to get up in the middle of the night and start this **FLIGHT INTO EGYPT**. Have we ever heard a sermon on this? We should. Imagine Mary and Joseph and bundling up their new-born child and undertaking this perilous journey across much of the desert and deserted highways and byways, scared to fall into the hands of robbers along the way, and looking suspiciously behind them for soldier-killers of King Herod. They made it safely into Egypt after probably a week or ten days. And one simple lesson of all this is that Jesus was truly a **REFUGEE**, the **Holy Family** living in a foreign country with a foreign tongue and customs, although I am reading that at that time there were probably a number of Jewish people living in Egypt and the Holy Family may have been welcomed by their co-patriots. This story is a great invitation to all of us to pray for refugees in our own days, thousand yes, millions of people around the world having been uprooted from their homes, think of the Palestinians in Jordan or the Sudanese in Darfur and scores of other countries, even many of my own parishioners in Kampala, Uganda, some **60,000**, who were driven out of the country by Idi Amin in the early seventies, and had to find a new home in new countries. Yes, **Jesus** too was a refugee with all the inconvenience and sadness for the **Holy Family**.

The story of the Flight into Egypt has also a wonderful antecedent in the Old Testament when the Hebrew people living in Egypt for some 400 years finally escaped in the days of Moses and came back to their home of the **Promised Land, the Holy Land**; no wonder that the story of the **Flight into Egypt** ends with that age-old saying: **"Out of Egypt I have called my Son"**.

*Father J. Appelman, M. F. M., Your Pastor*

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**DEFINITIONS OF VOLUNTEERISM:**

\* **Volunteering** is the practice of people working on behalf of others without being motivated by financial or material gain. **Volunteering** is generally considered an unselfish activity, intended to promote good or improve human quality of life. It is the **reliance on volunteers** to perform an important social or educational function & performing an **act of kindness**, freely **giving of your talent, time, and effort** for the simple fulfilment of community expectations. It is the **willingness of people** to work on behalf of others, without pay or other tangible gain.

A special word of thanks to all those people who volunteer in any way in our parishes to make them function. Without all of you helping out we would not be able to do all the things required to have everything run as smoothly as they do. **We always need more volunteers, so if you would like to help, please call one of the Co-ordinators of the Various Ministries.**

## 45 LESSONS IN LIFE

This is something we should all read at least once a week. Very meaningful. Written By Regina Brett, 90 years old, of The Plain Dealer, Cleveland , Ohio

**"To celebrate growing older, I once wrote the 45 lessons life taught me...It is the most-requested column I've ever written. My odometer rolled over to 90 in August, so here is the column once more:"**

1. Life isn't fair, but it's still good.
2. When in doubt, just take the next small step.
3. Life is too short to waste time hating anyone.....
4. Your job won't take care of you when you are sick. Your friends and parents will. Stay in touch
5. Pay off your credit cards every month.
6. You don't have to win every argument. Agree to disagree.
7. Cry with someone. It's more healing than crying alone.
8. It's OK to get angry with your God. He can take it.
9. Save for retirement starting with your first paycheck.
10. When it comes to chocolate, resistance is futile.
11. Make peace with your past so it won't screw up the present.
12. It's OK to let your children see you cry.
13. Don't compare your life to others. You have no idea what their journey is all about.
14. If a relationship has to be a secret, you shouldn't be in it.
15. Everything can change in the blink of an eye.
16. Take a deep breath. It calms the mind.
17. Get rid of anything that isn't useful, beautiful or joyful.
18. Whatever doesn't kill you really does make you stronger.
19. It's never too late to have a happy childhood. But the second one is up to you and no one else.
20. When it comes to going after what you love in life, don't take no for an answer.
21. Burn the candles, use the nice sheets, wear the fancy lingerie. Don't save it for a special occasion. Today is special.
22. Over prepare, then go with the flow.
23. Be eccentric now. Don't wait for old age to wear purple.
24. The most important organ is the brain.
25. No one is in charge of your happiness but you.
26. Frame every so-called disaster with these words'-In five years, will this matter?'
27. Always choose life.
28. Forgive everyone everything..
29. What other people think of you is none of your business.
30. Time heals almost everything. Give time, time.
31. However good or bad a situation is, it will change.
32. Don't take yourself so seriously. No one else does.
33. Believe in miracles.
34. God loves you because of who God is, not because of anything you did or didn't do.
35. Don't audit life. Show up and make the most of it now.
36. Growing old beats the alternative -- dying young.
37. Your children get only one childhood.
38. All that truly matters in the end is that you loved.
39. Get outside every day. Miracles are waiting everywhere.
40. If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.
41. Envy is a waste of time. You already have all you need.
42. The best is yet to come.
43. No matter how you feel, get up, dress up and show up.
44. Yield.
45. ***"Life isn't tied with a bow, but it's still a gift."***

***Friends are the family that we choose for ourselves.***

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**An Angel Says....**

...you would be more grateful if you knew how much of what you take for granted was planned and given to you by God.

...the secret of contentment is the realization that life is a gift, not a right.

...if you attempt to be better than yourself, you will have more success than if you attempt to be better than someone else.