

5th SUNDAY IN ORDINARY TIME

FEBRUARY 7, 2010

5th Sunday in Ordinary time, February 7, 2010 by Father Greg Friedman, O.F.M

The satiric duo in the TV comedy routine called **"Wayne's World,"** had a signature line: **"We're not worthy!"** That was their response to the presence of rock stars they were interviewing. The routine still brings laughs. A more serious confession of unworthiness appears in our Scriptures today. First, Isaiah has a vision of God, seated on the heavenly throne. The scene is so overwhelming that Isaiah not only proclaims his unworthiness, but is afraid he'll be struck dead! God has a job for him: Isaiah will speak on God's behalf to the people. In the Gospel, Peter professes his sinfulness after Jesus helps him and his colleagues bring in a miraculous catch of fish. Peter knows he's in the presence of divine power. He knows he's not worthy! But Jesus also has a job in mind: fishing for people. The implications might not have been clear to these apostles-to-be, but their response is immediate and bold. They leave everything to follow Jesus. We probably wouldn't put ourselves in the shoes (or sandals) of either Isaiah or Peter. But that doesn't mean we're not called by God! The fact of our Baptism means that we have a vocation, a call, that's just as certain as our Biblical heroes today. If so, what do we need to leave behind as we respond to that call?



SCHEDULE of MASSES

Monday, Feb. 8 th	Prescott	8:00 A.M.	Special Intention ++++++ Rudy & Ann Bekkedam
Tuesday, Feb. 9 th	Prescott	8:00 A.M.	Hannah Walker (2 nd Anniv.)+ Grandma & Poppa Saunders
Wednesday, Feb. 10 th	Prescott	4:00 - 7:00 P. M. - ADORATION	
	Prescott	7:00 P.M.	Bev & Bernie Currier (50 th Anniv.) +++++ A.J. & Patsy Gillis
Thursday, Feb. 11 th	Prescott	8:00 A.M.	Keitha Frasier Jamieson ++++++ Terasa Fraser
Friday, Feb. 12 th	Cardinal	9:00 A.M.	Lillian Laushway ++++++ Terasa Fraser
First Sat., Feb. 13 th	Prescott	5:15 P.M.	Michael Morris (1 st Anniv.) ++++++ Glenn & Betty Morris
Sunday, Feb. 14 th	Cardinal	9:00 A.M.	Intentions of all St. Mark & Sacred Heart Parishioners
	Prescott	11:00 A.M.	Aime Currier (57 th Anniv.) ++++++ The Currier Family

Sunday Offertory : JANUARY 31 - 10

St. Mark - \$1611.47

Sacred Heart - \$ 379.82

Thank you for your Generosity

PARISH MINISTRIES' SCHEDULE FOR MASSES ON FEBRUARY 13th & 14th, 2010 - (2nd Sunday)



MASS	USHERS	READERS	EUCCHARISTIC	GIFT BEARERS
Sat. 5:15 - Feb. 13 St. Mark	Clayt Paquette, Bob Wardrop Matt Leonard	Kathy Laushway	Beth Gallagher John McAuley	Germaine & Gilles Trudeau
Sun. 9:00 - Feb. 14 Cardinal	"To be determined"	Eleanor McDonald	Joanne Esson Joan Toupin (C)	"To be determined"
Sun. 11:00- Feb. 14 St. Mark	Tony Jozefowicz, Gerry Botting, Jessica Gillis	Annette Norton	Julie Coligan, Klaas deVries, Tom Whelan, (C)	The MacDonald Family
CHILDREN'S LITURGY - SIXTH SUNDAY IN ORDINARY TIME			SUNDAY FEBRUARY 14 th - ANGELA MOULTON	

SPAGHETTI DINNER AND SILENT AUCTION/RAFFLE TABLE:

Proceeds go towards Grade 7 Quebec City Trip - Thursday, February 25th, at St. Mark Parish

Centre - there will be 2 sittings at 5:00 & 6:00 PM. Adults \$8, Seniors \$6, Children 3-10 \$5 Take-out dinners available. Call 613-925-5019 (Cheryl)



OLD PALMS:

Please, drop off your old palms so they can be burned to ashes for Ash Wednesday, February 17th. Thank You



MARRIAGE PREPARATION:

All couples intending to be married in our Church are expected to attend this Marriage Preparation Course; it will be held at **St. John Bosco Parish** on Friday-Saturday March 5th and 6th. **This course is obligatory.** Please, pick up a registration form at **St. Mark Rectory**, or call **Fr. Appelmann** at 613-925-2944.

FAITH ENRICHMENT CLASSES will continue on Wednesday, February 10th after the evening Mass.

Thought for the Week: " Life isn't about how you survive the storm, but how you dance in the rain."



A BI-CENTENNIAL CHOIR is being assembled to commemorate the **200TH ANNIVERSARY** of Prescott. If you are interested in participating in this choir, the first meeting will be held on **Monday, February 8th at 7:00 PM** at **St. Andrew's Presbyterian Church**

in Prescott. Performance will be **May 16th**. For more information contact **Grace Scott at 925-3556** or **Ann Carr 925-4930.**

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CATHOLIC MISSIONS IN CANADA / SCARBORO

FOREIGN MISSIONS - We are now receiving donations for this collection. It will remain open until **Sunday, March 7th**. Donations received after this date will be considered individual Parish donations. Please make cheques payable in the name of your Parish. This collection is used to support Catholic Parishes in Northern Canada as well as the works of the Scarborough Mission Society. **Please be generous**

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CWL Appreciation Lunch will take place this

Sunday, Feb 7th, at **St. Mark Parish Centre** immediately following the **11:00 AM Mass**. All parishioners from both Sacred Heart & St. Mark churches are cordially invited to this



FREE lunch. Each executive member will have a display table set up outlining their convenorship and activities. Following our theme of the year - **Women of Peace and Hope**--In the Footsteps of Mary we look forward to seeing you there to enjoy lunch and great fellowship.

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ST. PATRICK'S HAM SUPPER Thursday, March 11, 2010 **Sacred Heart Catholic Parish Centre : BUFFET: 4:30 TO 6:00 P.M.** - Ham - Casseroles - Desserts Adults: \$12.00 - Children 5-12 yrs. \$ 4.00 - Children under 5 Free.

COME ENJOY GOOD FOOD AND FELLOWSHIP.

Coming up: Special Sunday:

At the **11.00 AM Mass, on February 21:**

A. - Enrolment Sunday for all the **First Holy Communion Class**. All are expected together with their parents.

B. - On the **same Sunday** at the **11.00 AM Mass**. We welcome all our school children with their parents and the teachers; children will participate in many parts of the Mass and will also form the choir for this Mass. **And apart from the school children, please bring the whole family**

Great Quotes from Great Leaders:

"Well done is better than well said." Benjamin Franklin (1706-1790)

"The time is always right to do what is right." Martin Luther King, Jr. (1929-1968)

Pastor's Message

February 7, 2010

First of all a word of appreciation for the parents meeting we had for the **First Holy Communion Class** last week; we will have some 26 candidates. And I was very happy to see almost 100% attendance at this parents meeting; this is quite an exception. We pray that it may be a sign of a good preparation for parents and the candidates as the further days of preparation and the Communion Sunday come closer.

This past Tuesday we celebrated the **Feast of the PRESENTATION OF OUR LORD** in the Temple. This was a faithful custom of practicing Jewish families: to make a special act of dedication of their First Child to the honour and service of God. And as we know February 2. is Forty days after Christmas; this day completes the full cycle of the Christmas Season. In Hebrew Faith so much goes in Forties. Just search for the number of times in Sacred Scripture of things or events that took forty hours, forty days or forty years. It is unfortunate that this day is usually during the week. It would be worthy of a Sunday with full participation of all the faithful. It is also called

CANDLEMAS, because of the wonderful story of the aged Simeon who is in the Temple too and has the privilege of holding the child Jesus in his arms; he gets really excited and says: "**Now Lord you may let your servant go in peace, I have seen the salvation of our people, the LIGHT for the nations**". That is why on that day we always bless the candles, those displayed on a table (including all those in the sacristy). In larger churches on this day there would be a Candle-Light procession before the Mass.

And as we know the following day, **February 3rd** is always the humble feast or memorial of **St. Blase**; and with these blessed candles we invite all people to receive the **Blessing of St. Blase, the Blessing of the Throats**. I will do this on this weekend after all three Masses. I have always been amazed to see everyone coming for this blessing; these are simple Sacramentals, that is kind of mini sacraments, kind of special blessings and favours given us from the loving and bountiful kindness of God.

Other sacramentals include the ashes we receive of Ash Wednesday or the Palms on Palm Sunday. We probably know that the church has a special **BOOK OF BLESSINGS**, for all kinds of objects and occasions and persons, e.g. blessing of a home, of a car, of the sick, of a rosary, of holy pictures or a crucifix. Also blessings of a new school or a new church or stations of the cross; many objects used in the church may receive a special blessing, like new vestments, a chalice, a new altar, new organ. It is a good thing to be aware of these special favours and don't ever hesitate to ask a priests to give these blessings.

Anytime I see a mother coming to the church with a new-born baby, I bless the baby even before the Baptism. Of course all this is not new, there are many psalms and canticles in the Old Testament books filled with blessings and asking God's blessings on things and persons and events.

Father J. Appelman, M.F.M., Your Pastor

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ANOTHER THOUGHT TO PONDER: "**Do not resist growing old think of how many are denied the privilege.**"

Do You Know How The Apostles Died?

Matthew: Suffered martyrdom in Ethiopia , killed by a sword wound

Mark: Died in Alexandria , Egypt , after being dragged by horses through the streets until he was dead

Luke: Was hanged in Greece as a result of his tremendous preaching to the lost.

John: Faced martyrdom when he was boiled in huge basin of boiling oil during a wave of persecution in Rome . However, he was miraculously delivered from death. John was then sentenced to the mines on the prison island of Patmos . He wrote his prophetic Book of Revelation on Patmos . The apostle John was later freed and returned to serve as Bishop of Edessa in modern Turkey . He died as an old man, the only apostle to die peacefully.

Peter: He was crucified upside down on an x-shaped cross. According to church tradition it was because he told his tormentors that he felt unworthy to die in the same way that Jesus Christ had died.

James: Just The leader of the church in Jerusalem, was thrown over a hundred feet down from the southeast pinnacle of the Temple when he refused to deny his faith in Christ. When they discovered that he survived the fall, his enemies beat James to death with a fuller's club.

*** This was the same pinnacle where Satan had taken Jesus during the Temptation.**

James the Great: Son of Zebedee, was a fisherman by trade when Jesus called him to a lifetime of ministry. As a strong leader of the church, James was ultimately beheaded at Jerusalem . The Roman officer who guarded James watched amazed as James defended his faith at his trial. Later, the officer walked beside James to the place of execution. Overcome by conviction, he declared his new faith to the judge and knelt beside James to accept beheading as a Christian.

Bartholomew: Also known as Nathaniel Was a missionary to Asia . He witnessed for our Lord in present day Turkey . Bartholomew was martyred for his preaching in Armenia where he was flayed to death by a whip.

Andrew: Was crucified on an x-shaped cross in Patras , Greece . After being whipped severely by seven soldiers they tied his body to the cross with cords to prolong his agony. His followers reported that, when he was led toward the cross, Andrew saluted it in these words: 'I have long desired and expected this happy hour.. The cross has been consecrated by the body of Christ hanging on it.' He continued to preach to his tormentors for two days until he expired.

Thomas: Was stabbed with a spear in India during one of his missionary trips to establish the church in the sub-continent

Jude: Was killed with arrows when he refused to deny his faith in Christ.

Matthias: The apostle chosen to replace the traitor Judas Iscariot, was stoned and then beheaded.

Paul: Was tortured and then beheaded by the evil Emperor Nero at Rome in A.D. 67. Paul endured a lengthy imprisonment, which allowed him to write his many epistles to the churches he had formed throughout the Roman Empire . These letters, which taught many of the foundational doctrines of Christianity, form a large portion of the New Testament.

Perhaps this is a reminder to us that our sufferings here are indeed minor compared to the intense persecution and cold cruelty faced by the apostles disciples during their times for the sake of the Faith. And ye shall be hated of all men for my name's sake:

But he that endureth to the end shall be saved.
Matthew 10:22

(Contributed by a Parishioner with our Thanks)

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JOURNEY OF OUR LIFE.

A long time ago, there was an Emperor who told his horseman that if he could ride on his horse and cover as much land area as he likes, then the Emperor would give him the area of land he has covered.

Sure enough, the horseman quickly jumped onto his horse and rode as fast as possible to cover as much land area as he could. He kept on riding and riding, whipping the horse to go as fast as possible. When he was hungry or tired, he did not stop because he wanted to cover as much area as possible. Came to a point when he had covered a substantial area and he was exhausted and was dying.

Then he asked himself, ***"Why did I push myself so hard to cover so much land area? Now I am dying and I only need a very small area to bury myself."***

The above story is similar with the **Journey of our Life.** We push very hard everyday to make more money, to gain power and recognition. We neglect our health , time with our family and to appreciate the surrounding beauty and the hobbies we love..

One day when we look back, we will realize that we don't really need that much, but then we cannot turn back time for what we have missed.

Life is not about making money, acquiring power or recognition . Life is definitely not about work! Work is only necessary to keep us living so as to enjoy the beauty and pleasures of life. **Life is a balance of Work , Family and Personal time..**

You have to decide how you want to balance your Life. Define your priorities, realize what you are able to compromise but always let some of your decisions be based on your instincts. Happiness is the meaning and the purpose of Life, the whole aim of human existence. So, take it easy, do what you want to do and appreciate nature.

Life is fragile, Life is short. Do not take Life for granted. Live a balanced lifestyle and enjoy Life!

Watch your thoughts ; they become words.

Watch your words ; they become actions.

Watch your actions ; they become habits.

Watch your habits; they become character .

Watch your character; it becomes your destiny