

6th SUNDAY IN ORDINARY TIME

FEBRUARY 14, 2010

6th Sunday in Ordinary time, February 14, 2010 by Father Greg Friedman, O.F.M

Over the years, I've had occasion to meet men and women who are single-minded in their pursuit of justice and their dedication to helping those on the margins of society. One thing most of these folks have in common is their ability to get right to the point. That's the feeling I get from the Gospel for this Sunday. We're all familiar with Matthew's presentation of Jesus' **"Sermon on the Mount."** Today, Luke offers us a sermon of Jesus as well. But the setting isn't a mountainside. Rather, the Lord stands on a stretch of level ground. And Luke's version of Christ's "Beatitudes" is also different from Matthew's. They're shorter, more direct, and focus more on the physical reality of poverty. In Matthew, Jesus speaks of the **"poor in spirit"**; in Luke, he says, **"Blessed are you who are poor."** And the blessings are quickly followed by a list of woes for those who are rich and satisfied. Luke's Gospel overall is known for a focus on the poor. The fact of enduring poverty or other troubles seems to offer a perspective on God which helps us realize that we need to depend on God for everything. That's a challenging message, one that we nevertheless need to hear. And we can thank Luke for capturing that part of what Jesus came to proclaim.



SCHEDULE of MASSES

Monday, Feb. 15 th	Prescott	8:00 A.M.	Albin Horba -+++++++ His Wife, Weronika
Tuesday, Feb. 16 th	Prescott	8:00 A.M.	Priest's Intention
Ash Wed., Feb. 17 th	Prescott	4:00 - 7:00 P. M.	ADORATION
	Prescott	7:00 P.M.	Respect for all Human Life ++++++ CWL
Thursday, Feb. 18 th	Prescott	8:00 A.M.	Henry Epping (7 th Anniv.) ++++++ His Wife, Mary
Friday, Feb. 19 th	Cardinal	8:40 A.M.	"STATIONS of the CROSS"
	Cardinal	9:00 A.M.	Pontbriand Family ++++++ Estate of Jeannine Pontbriand
	Prescott	6:40 P.M.	"STATIONS of the CROSS"
	Prescott	7:00 P.M.	Vince Bonneau ++++++ Tom & Carmel Glynn
Saturday, Feb. 20 th	Prescott	5:15 P.M.	Gaetan Morin (Cornwall) ++++++ Gerry & Barbara Devaney
Sunday, Feb. 21 st	Cardinal	9:00 A.M.	Bonnie Patrick ++++++ Bernard & Eileen Patrick
	Prescott	11:00 A.M.	Intentions of all St. Mark & Sacred Heart Parishioners

Sunday Offertory : FEBRUARY 07 - 10 St. Mark - \$1810.25 Sacred Heart - \$ 391.00

Thank you for your Generosity

PARISH MINISTRIES' SCHEDULE FOR MASSES ON FEBRUARY 20th & 21st, 2010 - (3rd Sunday)



MASS	USHERS	READERS	EUCCHARISTIC	GIFT BEARERS
Sat. 5:15 - Feb. 20 St. Mark	Josh Whelan, Colleen Dixon, John McAuley	Tobin Wade	Alice Laushway Wayne Dove	Beth Gallagher Jean Farlinger
Sun. 9:00 - Feb. 21 Cardinal	"To be determined"	Christina Edge	Joanne Esson Joan Toupin (C)	"To be determined"
Sun. 11:00- Feb. 21 St. Mark	Gerry Devaney, Rene Villeneuve, Albert Laporte	Betty Warren	Betty Warren, Larry Sauve, Tom O'Keefe (C)	Mike & Sharon Crozier & Family
CHILDREN'S LITURGY - FIRST SUNDAY OF LENT			SUNDAY FEBRUARY 21 st - ANNETTE NORTON	

SPAGHETTI DINNER AND SILENT AUCTION/RAFFLE TABLE:

Proceeds go towards Grade 7 Quebec City Trip - Thursday, February 25th, at St. Mark Parish

Centre - there will be 2 sittings at 5:00 & 6:00 PM. Adults \$8, Seniors \$6, Children 3-10 \$5 Take-out dinners available. Call 613-925-5019 (Cheryl)



MARRIAGE PREPARATION: All couples intending to be married in our Church are expected to attend this Marriage Preparation Course; it will be held at **St. John Bosco Parish** on Friday-Saturday March 5th and 6th. **This course is obligatory.** Please, pick up a registration form at **St. Mark Rectory**, or call **Fr. Appelmann** at 613-925-2944.

CATHOLIC MISSIONS IN CANADA / SCARBORO


FOREIGN MISSIONS - We are now receiving donations for this collection. It will remain open until **Sunday, March 7th**. Donations received after this date will be considered individual Parish donations. Please make cheques payable in the name of your Parish. This collection is used to support Catholic Parishes in Northern Canada as well as the works of the Scarborough Mission Society. **Please be generous**


ST. PATRICK'S HAM SUPPER Thursday, March 11th, 2010 Sacred Heart Catholic Parish Centre : BUFFET: 4:30 TO 6:00 P.M. - Ham - Casseroles - Desserts Adults: \$12.00 - Children 5-12 yrs. \$ 4.00 - Children under 5 Free.

COME ENJOY GOOD FOOD AND FELLOWSHIP.


ST. MARY CATHOLIC HIGH SCHOOL, Brockville invites all **Grade 8 Students and their Parents** to the **GRADE 9 INFORMATION NIGHT** for our 2010-2011 school year on **Thursday, February 25th, 2010** beginning at **7:00 pm**. This is an opportunity to acquire information about Secondary School Programs, preview Grade 9 classes, meet staff members, tour our facilities, experience a carousel of co-curricular activities and come & enjoy our Crusader Spirit. We offer **QUALITY CATHOLIC EDUCATION IN A CARING ENVIRONMENT.**

Mr. John Healey , Principal - 613-342-4911

 **K. Of C. - 4th Degree Assembly** will hold its regular monthly meeting on **Monday, February 15th at 7:30 PM** in **St. Mark Parish Centre (Upstairs).** **All Sir Knights are invited to attend this special meeting.**

 **IN MEMORIAM:** Kindly remember in your prayers the souls of **Helen Robichaud** and of **Rejeanne Huneault**, both of **Sacred Heart Church** and both of whom died this past week. **May they rest in eternal peace with God and with all the Saints.**

HAITI EARTHQUAKE RELIEF FUND – This collection has now closed and the funds forwarded to the **Archdiocese** to be distributed to the **Canadian Catholic Organization for Development and Peace.** Thank you for your generosity in this campaign ... **St. Mark - \$5,340.00; Sacred Heart - \$1,470.00.** These funds will be matched by the Federal Government which will result in assistance for Haiti from our Parishes alone in excess of **\$13000.00**

 **ASH WEDNESDAY AND LENT:** It all begins again this coming Wednesday, February 17th, at **7:00 PM** with the **Celebration of the Eucharist** and the distribution of Ashes in both our churches and at **St. Mark School at 2:00 PM.** Make sure you attend this day and begin the **“discipline of Lent”.** And read the Pastor’s message on this important season of the Forty Days.

Pastor’s Message

February 14, 2010

To begin with a word of very sincere thanks and appreciation to our Catholic Womens League for putting on such a wonderful and delicious Luncheon last Sunday. And thank you to all the people who attended and surely enjoyed not only the luncheon but also the fellowship; and great to see people from both our parishes participating; my question at the end of such a luncheon is always: When is the next?

This week we are starting the central celebration of our Church Calendar: Forty Days of Lent, then the Holy Triduum of Holy Week and Easter and followed by another Forty Days after Easter till the day of the Ascension. From the beginning of the Church the great Easter Cycle was always central to all the celebration: To remember, and ourselves be part of the Suffering, Death and Resurrection of Our Lord Jesus Christ. And it begins with our awareness of that same death and resurrection, the awareness of our sins and the need for being set free. That is why we have a forty day period of **LENT**, of penance, of confessing of our guilt and our sins and being reconciled with God and with one another; and the very first thing we do is: participate in the ceremony of **ASH WEDNESDAY**, realizing that we are all **“but dust and ashes”**, our life is short, even when we might reach the venerable age of ninety. The Ashes as we know are made from the dried palm branches that we received last year on Palm Sunday, a simple and significant symbol that we are aware that while we have carried our palms with honour we are equally aware of our weaknesses, our failings and sins. I am always happy to see that although **Ash Wednesday** is not a day of obligation, you might say: it almost is; and then to see that here and everywhere people in great numbers participate and receive the ashes; extra masses are celebrated to make sure young and old can be present.

And then, having received the ashes we are ready to begin the Forty Days of the **DISCIPLINE of LENT.** Yes, like everywhere in life, in our personal life, the life of our parish, and in our families, there must be discipline. And that is why we make some extra **LENTEN RESOLUTIONS.** What can I do to make sure that I will grow in the love of God and his church, do away with sin and sinful inclinations and habits; and of course in the positive way: begin or certainly continue the works of mercy and of holiness. Surely we all have our list ready and I guess often very personal; let the list begin with a firm resolution to attend Sunday Mass without fail and with great devotion and participation. And on top of this make it a point to come and attend the daily Mass if at all possible, available in our two parishes. Then make sure that we prepare for a good Lenten Confession, the priest is available 24-7. And one of the great resolutions should be that we saturate our day with the presence of God, and a more intense devotion to prayer. God has a listening ear and is abundantly patient: **“slow to anger and rich in compassion”** Ps.103. And we need Him for all our ups and downs of life. And of course do not forget the **WORKS OF MERCY**, you know the ones I mean, both the corporal and the spiritual works of mercy. And make these not only your source of action but also your inspiration for prayer. I wish all of you a very holy and fruitful Season of Lent.

Father J. Appelman, M. F. M., Your Pastor



ST. PATRICK DINNER / ENTERTAINMENT on Sunday, March 14th, at St. Mark Parish Centre. A Social Hour will begin at 4:00 P.M. with a full **Roast Beef Dinner** being served at 5:00 P.M. Entertainment by the **"FIDDLERS"**

PLUS will follow. The cost is **ADULT: \$ 12.00; Children under 12: \$ 5.00; Children under 5 - FREE. Tickets will be on sale at every weekend Mass beginning February 14th, at St. Mark Church.** There are a limited number of tickets available so get your tickets early to avoid disappointment. **PLEASE NOTE: TICKETS ARE BY ADVANCE SALE ONLY.** This Annual Event is sponsored by the **Knights of Columbus, Council 5880.** **NOTE: Tables of "8"** may be reserved in advance by calling 613-345-6210 or 613-925-2207.



CWL will hold its regular monthly meeting on **Wednesday, February 17th**, in St. Mark Club, immediately following the **Ash Wednesday evening Mass.** All members, especially the newly registered, are invited to attend. There will

be a guest speaker from **Connect Youth Inc.** We hope to have a good turnout to hear about this local youth service, as it strives to enhance the lives of the young people in our South Grenville community. **All members are encouraged to attend.**



The 16th ANNUAL Ron Black Memorial Curling Bonspiel will be held on **Sunday, March 28th, 2010** at the **Prescott Curling Centre - Henry St. W.** Entry Fee: **\$15.00/person - Pot Luck Supper at 5:30 P.M. (2**

Draws - 11:30 A.M./1:00 P.M. - 24 Curlers Each) 2 Games Each - (Prizes) *NOTE: Experience Is Not Necessary or Required!** This event is sponsored by the **K. Of C. in Ron's memory as a family event. Teenagers are welcome as well .**

NOTES from the desk of Fr. Appelman:

NATIONAL CATHOLIC MISSION: Like in past years, there is again this Lenten opportunity for good inspiration on **VISION TV** on **March 29th and 30th.** Look at the notice in our Churches for days and times.

ANNUAL EUCHARISTIC DEVOTIONS: This year instead of having the usual Forty Hours devotion, we will have Day of Eucharistic Devotion with adoration, prayer and preaching. It will be on Sunday afternoon and evening of **February 28th** And our guest preacher will be our Dean Father Brian Price speaking about the Holy Eucharist and the Year of the Priest. There will be a list for hours of Adoration in the afternoon.; please fill in your favorite hour or half hour. **More next week.**

NEW LIFE: You must have noticed many times the special notes in the porches of our churches about this program. It

has been spearheaded by Sister Lucy Kearney, a sister of Providence. The evenings are held every two weeks, and they are meant for **" the separated and divorced"**. This is one of the family life services in our Archdiocese that has helped many people. In our Eastern deanery the evenings are held at **St. John Bosco Church;** for information call **613-342-5095.**

Coming up: Special Sunday:

At the **11.00 AM Mass, on February 21:**

A. - Enrolment Sunday for all the **First Holy Communion Class.** All are expected together with their parents.

B. - On the same Sunday at the **11.00 AM Mass.** We welcome all our school children with their parents and the teachers; children will participate in many parts of the Mass and will also form the choir for this Mass. **And apart from the school children, please bring the whole family**

A DIFFERENT APPROACH TO FASTING

Fasts have a tendency to be oriented toward things like giving up food or television, but there are many other creative ways we can welcome Jesus' Healing Touch. Here are some suggestions you may want to consider:

1. **FAST FROM ANGER** - Give your family an extra dose of **LOVE** every day !
2. **FAST FROM JUDGING OTHERS** - Before making any judgments, recall how Jesus overlooks our **FAULTS !**
3. **FAST FROM DISCOURAGEMENT** - Hold on to Jesus' promise that **HE** has a perfect plan for your **LIFE!**
4. **FAST FROM COMPLAINING** - When you find yourself about to complain, close your eyes and recall some of the little moments of **JOY** Jesus has given you !
5. **FAST FROM RESENTMENT or BITTERNESS** - Work on forgiving those who may have **HURT** you !
6. **FAST FROM SPENDING TOO MUCH MONEY** - Try yo reduce your spending by **10%** and give those savings to the poor !

Here's wishing all of you **PEACE, LOVE, AND HAPPINESS** during **LENT ! Surely you will be abundantly BLESSED ! SMILE JESUS LOVES YOU !**

AN ANGEL SAYS:

.....**Christ is the head of the house, the unseen guest at every meal, and the silent listener to every conversation.**